

## Rapid Communication

# Modulating role of glucose on magnesium transport in rat erythrocytes

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*Magnesium efflux from rat erythrocytes has been shown to be inhibited by a plasma fraction containing glucose. Therefore, we investigated the effect of D-glucose on erythrocyte magnesium transport. We show the inhibitory activity of this hexose on sodium ( $\text{Na}^+$ )-independent erythrocyte magnesium ( $\text{Mg}^{2+}\text{E}$ ) efflux. Inhibitory effects of D-mannose, 2-deoxy-D-glucose, and D-fructose on  $\text{Mg}^{2+}\text{E}$  efflux also were demonstrated. Moreover, the suppression of the inhibitory activity of glucose on  $\text{Mg}^{2+}\text{E}$  efflux was shown to be associated with the inhibition of glucose transport by cytochalasin B and phloretin. Together these data suggest a possible implication of the glucose carrier GLUT-1 in the regulation of  $\text{Mg}^{2+}$  transport. (J. Nutr. Biochem. 10:433–437, 1999) © Elsevier Science Inc. 1999. All rights reserved.*

**Keywords:** magnesium; glucose; monosaccharides; GLUT-1; rat erythrocyte; membrane transport

### Introduction

The physiologic importance of magnesium ( $\text{Mg}^{2+}$ ), the second most abundant intracellular cation, is well recognized.  $\text{Mg}^{2+}$  plays a fundamental role in the structure, metabolism, and bioenergetics of the cell.<sup>1–3</sup> It has been shown to participate in over 300 enzymatic reactions in humans, particularly in those involving energy utilization.<sup>4,5</sup> Its implication in glycolysis, cell respiration, and transmembrane transport of other cations such as sodium, potassium, and calcium has been reported.<sup>1,6</sup> Magnesium also is required for protein and nucleic acid synthesis<sup>7,8</sup> and for a number of mitochondrial processes.<sup>9</sup> In view of the implication of magnesium in many fundamental functions of the cell, it is crucial that a constant intracellular level of this cation is maintained. Indeed, it has been reported that changes in cytosolic  $\text{Mg}^{2+}$  concentration lead to significant modifications of cell functions.<sup>10</sup> However, little is known about the regulation of the intracellular  $\text{Mg}^{2+}$  level in

mammalian cells. Among the systems involved in the regulation of cellular  $\text{Mg}^{2+}$  homeostasis, the best known is the sodium ( $\text{Na}^+$ )-dependent  $\text{Mg}^{2+}$  transport. It accounts for approximately 80% of cellular  $\text{Mg}^{2+}$  efflux when the cells are loaded with  $\text{Mg}^{2+}$  and catalyzes outward  $\text{Mg}^{2+}$  movements in the presence of external  $\text{Na}^+$  and internal adenosine triphosphate (ATP).<sup>11,12</sup> The existence of this kind of phenomenon has been reported in chicken,<sup>11</sup> human,<sup>12</sup> and murine<sup>13</sup> erythrocytes. The existence of another system of  $\text{Mg}^{2+}$  transport that is  $\text{Na}^+$ -independent also has been demonstrated.<sup>14</sup> It accounts for approximately 80% of cellular  $\text{Mg}^{2+}$  efflux when the cells are not loaded with  $\text{Mg}^{2+}$ . In this case the electroneutrality inside cell is maintained by chloride ( $\text{Cl}^-$ ) efflux.

Our previous studies showed the ability of mammalian blood plasma to inhibit in vitro the  $\text{Mg}^{2+}$  efflux from rat erythrocytes.<sup>15,16</sup> This inhibition was attributed to thermostable low molecular weight compounds.<sup>17</sup> Recently, one of the isolated plasma fractions containing glucose revealed a significant inhibitory activity. Therefore, the effect of chemically pure D-glucose on in vitro rat erythrocyte  $\text{Mg}^{2+}$  ( $\text{Mg}^{2+}\text{E}$ ) efflux was investigated. We report here the inhibitory effect of glucose on  $\text{Na}^+$ -independent  $\text{Mg}^{2+}\text{E}$  efflux. We also suggest the possible implication of the glucose transporter GLUT-1 in the regulation of  $\text{Mg}^{2+}$  flux.

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## Material and methods

### Animals

Male Sprague-Dawley rats, aged 3 to 4 months (300–400 g) were obtained from Janvier Laboratory (Le Genest St Isle, France). The animals were kept in our animal house for at least 10 days before experiments. They received tap water and regular food pellets (UAR, Villemoisson s/Orge, France) that were rich in  $Mg^{2+}$  (75 mmol/kg) ad libitum.

### Materials

Rats were anesthetized with ether, and 15 mL of blood from the abdominal aorta were collected on heparin. Samples were immediately centrifuged at 4°C for 30 minutes at 2,150 g. Plasma and buffy coat were removed and the remaining pellet of erythrocytes was harvested.  $Mg^{2+}$ - and  $Ca^{2+}$ -free Dulbecco's phosphate buffered saline (PBS) containing 138 mM NaCl and 5 mM KCl was supplied by Gibco (Cergy Pontoise, France).  $\alpha$ -D-Glucose,  $\alpha$ -D-mannose,  $\alpha$ -D-galactose, 1-O-methyl- $\alpha$ -D-glucose, 2-deoxy- $\alpha$ -D-glucose,  $\alpha$ -D-glucose-1-phosphate,  $\alpha$ -D-glucose-6-phosphate,  $\alpha$ -D-glucose-1,6-phosphate,  $\alpha$ -D-fructose,  $\alpha$ -D-xylose,  $\alpha$ -D-ribose, cytochalasin B, cytochalasin E, and phloretin were purchased from Sigma (Saint Quentin, Yvelines, France). Cytochalasin B, cytochalasin E, and phloretin solutions in ethanol were prepared prior to use. Strontium chloride hexahydrate extra pure, sodium chloride, and potassium chloride were obtained from Merck (Nogent-sur-Marne, France).

### Experimental procedure

Two hundred fifty microliters of fresh packed erythrocytes were incubated at 37°C for 5 hours either in 750  $\mu$ L of  $Mg^{2+}$ - and  $Ca^{2+}$ -free PBS (control) or in the same medium supplemented with various amounts of D-glucose (0.5–20 mM final concentrations) or of different monosaccharides (10 mM final concentration). In all cases the incubation media were adjusted at 295 mOsm prior to use. In another set of experiments the erythrocytes were incubated in the presence of either 10  $\mu$ M cytochalasin B, 10  $\mu$ M cytochalasin E, 100  $\mu$ M phloretin, or the mixture of 10  $\mu$ M cytochalasin B and 100  $\mu$ M phloretin. In addition, incubations were carried out in the simultaneous presence of different hexoses (10 mM) and the above mentioned compounds. To evaluate the part of  $Na^+$ -independent and  $Na^+$ -dependent  $Mg^{2+}$ E efflux affected by glucose, the erythrocytes were incubated in isotonic phosphate buffer containing either both NaCl and KCl or KCl alone. The simultaneous presence of  $Na^+$  and  $K^+$  allowed the measurement of total  $Mg^{2+}$ E efflux, whereas the suppression of  $Na^+$  from the incubation medium permitted determination of the  $Na^+$ -independent  $Mg^{2+}$  efflux. The  $Na^+$ -dependent  $Mg^{2+}$ E efflux was calculated from the difference between the values of the total and the  $Na^+$ -independent  $Mg^{2+}$  efflux. The effect of glucose on the  $Mg^{2+}$  efflux from  $Mg^{2+}$ -loaded erythrocytes also was evaluated. Briefly, fresh erythrocytes were washed twice with cold 150 mM NaCl, and incubated at 4°C for 17 hours with either 55 mM or 75 mM  $MgCl_2$  adjusted with PBS up to 295 mOsm.  $Mg^{2+}$ -loaded erythrocytes were then washed four times with cold 150 mM NaCl (or 150 mM KCl). At the end of each

incubation the samples were centrifuged twice (10 min, 1,100 g, 4°C); 30  $\mu$ L of packed erythrocyte pellet were hemolyzed in 5 mL of 8.17 g/L  $SrCl_2$ , 6  $H_2O$  solution. All hemolysates were prepared in triplicate.  $Mg^{2+}$  concentration in the obtained samples was determined by flame atomic absorption spectrophotometry following the recommendations of Stendig-Linberg et al.<sup>18</sup> The coefficient of variation was equal to 1.5%, emphasizing the high reproducibility of measurements.<sup>19</sup> To evaluate the rate of  $Mg^{2+}$  efflux,  $Mg^{2+}$ E contents were measured at time 0 and after 5 hours incubation. Correction of the eventual modulations of  $Mg^{2+}$ E level linked with variations in red cell volume during the incubation were performed using the values of hemoglobin concentration as described previously.<sup>16</sup>

The inhibition of  $Mg^{2+}$ E in the presence of monosaccharides in the incubation medium was calculated according to the formula:

$$\text{inhibition (\%)} = [(\text{efflux}_{\text{control}} - \text{efflux}_{\text{sugar}}) / \text{efflux}_{\text{control}}] \times 100$$

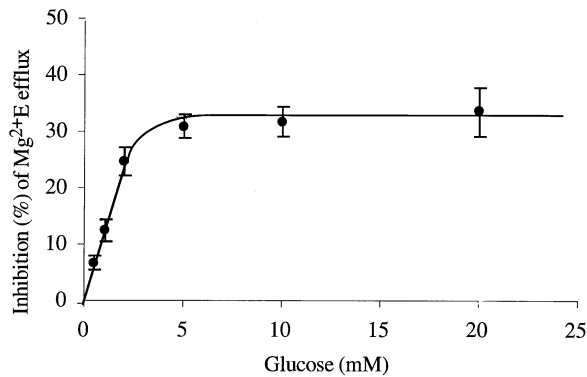
in which  $\text{efflux}_{\text{control}}$  and  $\text{efflux}_{\text{sugar}}$  are the  $Mg^{2+}$  efflux determined in PBS without and with addition of the various monosaccharides tested, respectively. Because the level of erythrocyte  $Mg^{2+}$  and the values of  $Mg^{2+}$ E efflux showed important variations from one rat to another,<sup>9</sup> the calculations were performed systematically with the data obtained the same day with erythrocytes sampled from the same rat. The statistical significance of differences between means were estimated by one-tailed Student's *t*-test, computed on the differences between paired values. All results are expressed as means  $\pm$  SEM.

## Results and discussion

### Inhibition of $Mg^{2+}$ E efflux by glucose: Kinetics and mechanisms

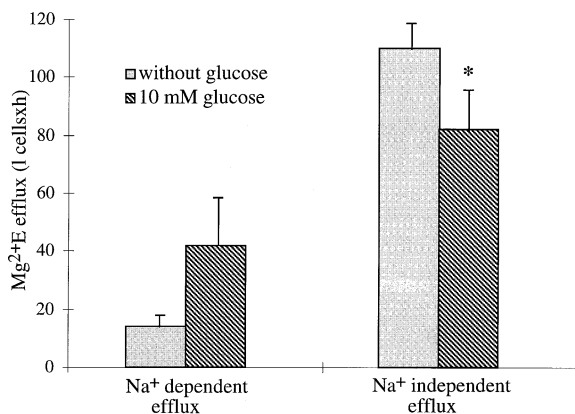
Erythrocytes freshly sampled from six different rats were incubated separately in  $Mg^{2+}$ - and  $Ca^{2+}$ -free PBS containing  $Na^+$  and  $K^+$ . In glucose-free medium (control not shown), total  $Mg^{2+}$ E efflux was equal to  $154 \pm 11 \mu\text{M}/(1 \text{ cells} \times \text{h})$ . This efflux decreased with increasing concentration of glucose in the incubation medium. As shown in *Figure 1*, the inhibition of  $Mg^{2+}$ E efflux reached a maximal value ( $30 \pm 6.5\%$ ) in the presence of 5 mM glucose. Further increase in glucose concentration did not alter this value. Furthermore, the curve reflecting the inhibitory effect of glucose on  $Mg^{2+}$ E efflux exhibits a Michaelian-like profile, which suggests the existence of an efflux facilitated by an accessory compound.

To further study this phenomenon,  $Na^+$ -dependent and  $Na^+$ -independent  $Mg^{2+}$  efflux were determined using three different pools of fresh erythrocytes. As shown in *Figure 2*, the addition of 10 mM glucose to the incubation media induced simultaneously a significant ( $P < 0.05$ ) increase in  $Na^+$ -dependent and a decrease in  $Na^+$ -independent  $Mg^{2+}$  efflux. The inhibitory effect of glucose on the  $Na^+$ -independent efflux was further confirmed by another set of experiments performed on fresh and  $Mg^{2+}$ -loaded (55 and 75 mM) erythrocytes. As shown in *Figure 3*, glucose induced 35% and 12% reduction, respectively, of  $Mg^{2+}$

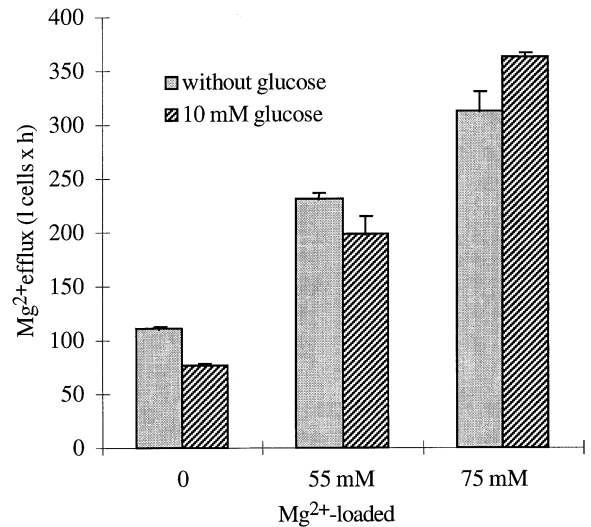


**Figure 1** In vitro inhibition of erythrocyte magnesium ( $Mg^{2+}$ -E) efflux from fresh erythrocytes incubated in  $Mg^{2+}$ - and calcium ( $Ca^{2+}$ )-free phosphate buffered saline containing various concentrations of glucose (0.5–20 mM final concentrations). Glucose-free solution was used as control (inhibition=0). Results are means  $\pm$  SEM of six different experiments.

efflux in non-loaded and mildly  $Mg^{2+}$ -loaded erythrocytes. In contrast, a 16% increase in  $Mg^{2+}$  efflux in heavily loaded cells was observed in the presence of glucose, strongly suggesting no inhibitory effect of this sugar on  $Na^{+}$ -dependent  $Mg^{2+}$  efflux. In fact,  $Mg^{2+}$  efflux has been recognized to be largely  $Na^{+}$ -dependent when the erythrocytes were loaded with the high concentration of  $Mg^{2+}$ .<sup>11,12,20</sup> These data are in accordance with the absence of inhibitory effect of glucose reported previously by a number of authors. In fact, it has to be precise that the former investigations were mostly carried out on  $Mg^{2+}$ -loaded erythrocytes.<sup>11,12,20</sup> In such conditions, the major mechanism involved in  $Mg^{2+}$ -E efflux is a  $Na^{+}/Mg^{2+}$  antiport and its activity depends on the intracellular free  $Mg^{2+}$  concentration, the presence of ATP, and the external  $Na^{+}$  concentration. After overnight loading, the erythrocyte energetic reserves are low and can be restored by the addition to the medium of glucose and/or ATP, which are able to increase the activity of the  $Na^{+}/Mg^{2+}$  exchanger. Taking into account these data, our findings show that, in  $Mg^{2+}$ -loaded cells, glucose behaves as an activator of  $Mg^{2+}$ -E efflux. This phenomenon overshadows the inhibi-



**Figure 2** In vitro effect of glucose on sodium ( $Na^{+}$ )-independent and  $Na^{+}$ -dependent erythrocyte magnesium ( $Mg^{2+}$ -E) efflux. Results are means  $\pm$  SEM of three different experiments. \* $P < 0.05$



**Figure 3** In vitro effect of glucose on total magnesium ( $Mg^{2+}$ ) efflux from fresh and  $Mg^{2+}$ -loaded erythrocytes. Results are means  $\pm$  SD of two different experiments performed on the same pool of erythrocytes obtained from two rats.

tory effect of glucose on the  $Na^{+}$ -independent  $Mg^{2+}$  efflux, which can be observed only in fresh unloaded erythrocytes where the  $Na^{+}$ -independent mechanisms prevail.

#### *Inhibition of $Mg^{2+}$ -E efflux by monosaccharides and derivatives: Structure-activity relationship*

The inhibitory activity of glucose on  $Mg^{2+}$  efflux was compared with that of other sugars with similar chemical structures. In Table 1, total  $Mg^{2+}$ -E efflux measured in the absence (control) or in the presence of one of these compounds (10 mM) are indicated, as are their structural characteristics with reference to glucose. In Figure 4, the percentage of inhibition of  $Mg^{2+}$  efflux determined in the presence of these molecules is compared with that of glucose. As shown, none of the pentoses tested showed an inhibitory effect on  $Mg^{2+}$ -E efflux. Furthermore, the inhibitory activity of hexoses disappeared when the hydroxyl groups were substituted at C-1, C-3, or C-6. Likewise, the equatorial position of the hydroxyl group is needed at C-4 because D-galactose, which is characterized by an axial hydroxyl group at C-4, did not display any significant inhibitory activity. In contrast, the presence or the position of the hydroxyl group at C-2 is irrelevant because 2-deoxy-D-glucose and D-mannose both inhibit of  $Mg^{2+}$ -E efflux (Table 1 and Figure 4), although D-mannose has an activity significantly ( $P < 0.005$ ) lower than that of glucose (Figure 4). Moreover, the inhibitory activity of fructose was observed and its rate was shown to be lower ( $P < 0.01$ ) when compared with that of glucose. The structural characteristics required for the monosaccharides to inhibit  $Mg^{2+}$ -E efflux present some analogies with those considered to be critical for the transport of hexoses through the erythrocyte membrane.<sup>21,22</sup> Therefore, we decided to investigate the possible relationships between hexose transport and  $Mg^{2+}$  efflux.

**Table 1** Effect of monosaccharides on magnesium efflux from fresh erythrocytes ( $\text{mg}^{2+}\text{E}$ )

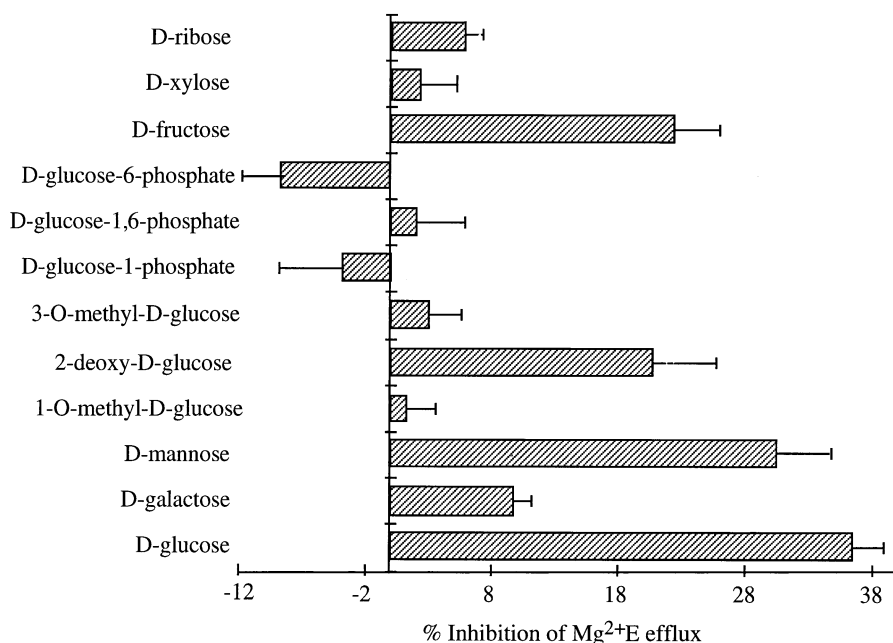
	Monosaccharides	Structural characteristics	$\text{Mg}^{2+}\text{E}$ efflux	P-value
Control	—	—	$118 \pm 15$	
Aldohexoses	D-glucose	—	$75 \pm 11$	$\leq 0.001$
	D-galactose	C-4 epimer	$111 \pm 3$	NS
	D-mannose	C-2 epimer	$83 \pm 12$	$\leq 0.005$
Glucose derivatives	1-O-methyl $\alpha$ -D-glucose	OH substitution on C-1	$114 \pm 16$	NS
	2-deoxy-D-glucose	No OH on C-2	$92 \pm 11$	$\leq 0.05$
	3-O-methyl-D-glucose	OH substitution on C-3	$116 \pm 15$	NS
	$\alpha$ -D-glucose-1-phosphate	OH substitution on C-1	$121 \pm 12$	NS
	$\alpha$ -D-glucose-1,6-phosphate	OH substitution on C-3 and C-6	$115 \pm 14$	NS
	$\alpha$ -D-glucose-6-phosphate	OH substitution on C-6	$128 \pm 15$	NS
Ketohexoses	D-fructose	C-2 ketone	$90 \pm 10$	$\leq 0.01$
Aldopentoses	D-xylose	—	$116 \pm 15$	NS
	D-ribose	—	$112 \pm 14$	NS

Results are means  $\pm$  SEM of  $\text{Mg}^{2+}\text{E}$  efflux in  $\mu\text{mol}/(\text{L cells} \times \text{h})$  from six different experiments. Incubation medium: Phosphate buffered saline (control) or PBS supplemented with 10 mM monosaccharide. Structural characteristics with reference to glucose (see text). P-value: level of significance of paired differences between experimental and control values (one-tailed Student's *t*-test). NS—not significant.

### Effects of GLUT-1 inhibitors on $\text{Mg}^{2+}\text{E}$ efflux

In the erythrocyte, glucose is transported by a carrier-mediated process that is not energy dependent and is not influenced by sodium or insulin.<sup>23,24</sup> GLUT-1, which is the transmembrane protein involved in this process, is potently and reversibly inhibited by a number of compounds that bind to the protein carriers much more tightly than does glucose. One of the most potent of these inhibitors is cytochalasin B, which preferentially blocks the uptake of glucose.<sup>25</sup> It binds to the transport system in the inner gated channel.<sup>25,26</sup> Cytochalasin E, which binds mainly to actin and spectrin and has no affinity for glucose carrier, was used as the negative control.<sup>27,28</sup> Glucose transport in the erythrocyte is also strongly inhibited by phloretin, which binds to the glucose carrier in the outer gated channel.<sup>26</sup> These data prompted us to examine the effect of cytochalasins E and B

and phloretin on the inhibition of  $\text{Mg}^{2+}\text{E}$  efflux by glucose. It must be mentioned that the addition of ethanol to the incubation medium at the same concentration as that present in cytochalasin and phloretin preparations had no effect on  $\text{Mg}^{2+}$  efflux from the treated erythrocytes (data not shown). As presented in Table 2, the presence of glucose in control media induced a diminution of  $\text{Mg}^{2+}$  efflux from 139 to 89  $\mu\text{mol}/(\text{L cells} \times \text{h})$  (i.e., an inhibition of 36%). This latter value is very close to those given in Figure 1 and Table 1, demonstrating the reproducibility of our results. The presence of cytochalasin E had no effect on the extent of this inhibitory action of glucose. In contrast, glucose tested in the presence of either cytochalasin B or phloretin, which are both glucose carrier inhibitors, was shown to lose 93% and 69%, respectively, of its inhibitory activity on  $\text{Mg}^{2+}$  efflux from the rat erythrocytes. The inhibitory effect of glucose



**Figure 4** In vitro inhibition of erythrocyte magnesium ( $\text{Mg}^{2+}\text{E}$ ) efflux by various monosaccharides. Results are means  $\pm$  SEM of six experiments.



**Table 2** Effect of cytochalasins B and E and/or phloretin on magnesium efflux from fresh erythrocyte ( $Mg^{2+}$ E) incubated in the presence or absence of glucose

	Without D-glucose*	With D-glucose (10 mM) <sup>†</sup>	P-value <sup>‡</sup>
Control (PBS)	139 ± 5 <sup>a,b</sup>	89 ± 2 <sup>a,b</sup>	0.001
Cytochalasin E (10 $\mu$ M)	150 ± 5 <sup>a</sup>	87 ± 4 <sup>c,h</sup>	0.001
Phloretin (100 $\mu$ M)	146 ± 5 <sup>b,d</sup>	101 ± 2 <sup>d,f,h</sup>	0.001
Cytochalasin B (10 $\mu$ M)	145 ± 5 <sup>a,c</sup>	135 ± 5 <sup>c,d,e,g</sup>	0.01
Phloretin (100 $\mu$ M)			
Cytochalasin B (10 $\mu$ M)	153 ± 5 <sup>a,b,c</sup>	157 ± 4 <sup>a,e,f,g</sup>	NS

Results are means ± SEM of  $Mg^{2+}$  efflux in  $\mu$ mol/(L cells × h) from six different experiments. 10  $\mu$ M cytochalasins B and E and 100  $\mu$ M phloretin were used in this study.

\*Effect of cytochalasins and phloretin in glucose-free medium (rows): difference from control significant at  $P < 0.01$  (a) or  $P < 0.05$  (b); two by two mean difference significant at  $P < 0.01$  (c,d).

<sup>†</sup>Effect of cytochalasins and phloretin medium containing 10 mM glucose (rows): differences from control significant at  $P < 0.001$  (a) or  $P < 0.01$  (b); two by two mean differences significant at  $P < 0.001$  (c,d,e,f),  $P < 0.01$  (g), and  $P < 0.05$  (h).

<sup>‡</sup>Significant level of differences between means (effects of glucose).

PBS-phosphate buffered saline. NS-non significant.

completely disappeared in presence of both these compounds. This suppression of the activity of glucose on  $Mg^{2+}$  efflux suggested that it is associated with the inhibition of glucose transport. Moreover, the effects of cytochalasin B and phloretin given separately or together are significantly different from each other ( $P < 0.001$ ). In glucose-free medium, all the compounds increased slightly (+4% to +10%) but significantly the  $Mg^{2+}$  efflux. Because this increase is observed with cytochalasin B as well as with cytochalasin E, it is unlikely to be related to the GLUT-1 transporter. At present, we have no data that allow us to explain this phenomenon.

In conclusion, we report here that glucose, which is a physiologic component of blood, partly inhibits the  $Na^{+}$ -independent  $Mg^{2+}$  efflux from rat erythrocytes, which is an ATP-independent process. The inhibitory activity of glucose on  $Mg^{2+}$  efflux also was observed with some other hexoses, such as mannose and fructose. The results of structure-activity relationship studies suggest the possible link between hexose transport and  $Mg^{2+}$  efflux. Moreover, the loss of glucose activity on the  $Mg^{2+}$  efflux when the glucose transport is blocked suggests that glucose carrier GLUT-1 might be involved in  $Mg^{2+}$  homeostasis. These findings must be confirmed first on nucleated cells. Second, in vivo comparative studies using strains of mice with genetically low and high erythrocyte and plasma  $Mg^{2+}$  contents<sup>29</sup> should provide some information that could contribute to the understanding of  $Mg^{2+}$  transport inhibition mediated by glucose.

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